



University NEWS LETTER



sbstimes

Vol XIII, ISSUE 10, April, 2025

Editorial

As we step into the vibrant month of April, the editorial team extends warm wishes for a joyful and prosperous Indian New Year to all our readers. This season of renewal brings with it a spirit of hope, fresh beginnings, and reflection—much like nature itself, where delicate buds open to the sun, reminding us to let go of the past and embrace the promise of new opportunities.

April's blooming flowers and colorful landscapes symbolize the resilience and beauty inherent in life's continuous cycle. Celebrations such as **Baisakhi**, **Easter**, and **Ramadan** enrich this time with cultural and spiritual significance. These festivals serve as powerful reminders of faith, togetherness, and the strength of the human spirit—uniting us through both joyful and challenging moments.

At SBS University, the month has been filled with meaningful academic and co-curricular activities. Departments have organized **seminars**, **guest lectures**, and **industrial visits**, offering students valuable exposure and learning beyond the classroom. These experiences reflect our shared values of resilience, optimism, and a commitment to personal and academic growth.

Though April is just one chapter in the unfolding story of the year, it offers countless possibilities. It invites us to move forward with purpose, gratitude, and a renewed sense of discovery.

We are delighted to bring you this April edition filled with moments of insight, inspiration, and celebration.

Happy Reading!
Editorial Team

PHOTOGRAPH OF THE MONTH



Pragya Chettri
M.Sc. Pharmaceutical Chemistry
4th Semester

Sardar Gurcharan Singh Memorial 16th National Debate



SBS University successfully hosted the 16th edition of the prestigious **Sardar Gurcharan Singh Memorial National Debate** on the theme *“Can Standardized Curricula Effectively Address the Diverse Needs of 21st Century Learners?”*. The event drew participation from **43 teams and over 100 students** across India.

Prof. (Dr.) J. Kumar, Vice-Chancellor, emphasized the need for flexible and responsive curricula to meet the demands of today's global, digital learners. **Dr. Harinder Singh Bisht**, Director, Indian Institute of Petroleum, Dehradun, graced the valedictory function as Chief Guest and highlighted the importance of balancing standardization with innovation and adaptability.

Dr. Gaurav Deep Singh, President of SBSU, congratulated all participants and praised the organizing team for promoting critical dialogue and expression.

An esteemed jury panel included **Dr. Parul Sharma**, **Mr. Madan Jaira**, and **Ms. Indrani Pandhi**. Prizes were awarded in both English and Hindi categories, with **DAV (PG) College, Dehradun** named Best Team.



The winners of the competition were as follows: Best Team: DAV (PG) College, Dehradun; English Category: First Prize: Abhinav Bansal (Law College Dehradun); Second Prize: Sammistha Bhatt (GB Pant University, Pantnagar); Third Prize: Shambhavi (GB Pant University, Pantnagar)

Hindi Category: First Prize: Mehak Bhandari (DAV (PG) College, Dehradun); Second Prize: Sarthak Singh Chauhan (ShriVaishnav Vidyapeeth, Indore); Third Prize: Shivani Thapliyal (DAV (PG) College, Dehradun)

The event concluded with a vote of thanks by **Dr. Meghna Wadhwa**, Convenor of the Debating Society. The competition reaffirmed SBSU's commitment to fostering academic discourse and leadership.



Philately Club-Exhibition

Exploring history through every coin, note, and stamp!

The Philately Club of SBS University proudly hosted **KINGPHEX-2025** on **5th April 2025**—a vibrant exhibition showcasing timeless treasures and collectors' pride.

We were honored by the presence of our Chief Guest, **Sardarni Harinder Pal Kaur ji**, and Special Guest, **Capt. Ramneek Kaur**, whose gracious presence added inspiration to the event.



Guest Lecture on Leadership, Ethics, and Purpose through the Lens of Indic Saints



SBS University organized a compelling guest lecture titled “*Indic Saints on Leadership, Ethics, and Purpose*” by **Mr. Amardeep Singh**, Founder of Lost Heritage Productions, Singapore. He offered deep insights into the teachings of revered Indic saints and their relevance to modern leadership and personal purpose. The session emphasized that true leadership is rooted in selflessness, compassion, confidence, and the strength to uplift others—transcending authority and personal ambition. The lecture encouraged introspection and a renewed commitment to values that transcend time and culture.

Prof. (Dr.) J. Kumar, Vice-Chancellor, praised the lecture as “a profound call for values-based leadership.” The event inspired students and professionals alike to pursue purposeful, ethical, and impactful lives.

A Proud Moment

Eleven students of the BPT 8th semester proudly represented SBS University at the National Conference on Ethics in Healthcare held at Uttaranchal (PG) College of Biomedical Sciences and Hospital, Dehradun, on April 26, 2025.

We are delighted to share that Ms. Shikha secured 1st position in the Debate Competition, while Ms. Preeti Negi and Ms. Priya Jaiswal together won 2nd position in the Poster Competition. Congratulations to all participants for their outstanding achievements!



SBS University Promotes Health & Learning through Medical Camp and Hospital Visit

Sardar Bhagwan Singh University (SBSU) recently organized a dual initiative combining academic learning with community service. In collaboration with Hans Foundation Hospitals, free physiotherapy camps were conducted in Haridwar and Satpuli, Uttarakhand.

Twenty students from the Departments of Physiotherapy and Medical Microbiology & Laboratory Technology visited Hans Hospital, Haridwar. Guided by Head Nurse Mr. Ankit, they explored key departments like Emergency, Audiometry, Pathology, Ortho, and Physiotherapy. The visit provided hands-on learning and insight into real-time clinical operations and interdisciplinary collaboration.

Two free physiotherapy camps, led by 12 student volunteers and faculty members (Dr. R. ArunMozi, Dr. Shiv Upadhyay, Dr. Mohit Bhatt, and Dr. Akansha), served 632 patients with orthopaedic, neurological, and sports-related conditions, offering personalized and compassionate care.

Shri S.P. Singh, Chairman, Gaurav Bharati Shiksha Sansthan, praised the initiative for integrating healthcare learning with social outreach. Prof. (Dr.) Gaurav Deep Singh, President, SBSU, noted:

"This reflects SBSU's commitment to academic excellence and community well-being."

This impactful initiative highlights SBSU's role as both a center for learning and a pillar of social responsibility.



SBSU Physiotherapy Alumni Shine Globally

Sardar Bhagwan Singh University (SBSU) proudly celebrates the global success of its alumni from the School of Allied Health Sciences, particularly in physiotherapy. With over 1,000 graduates and a 100% placement record, SBSU alumni are making their mark across top healthcare and sports organizations in the USA, Canada, England, Australia, Singapore, and more.

Notable Alumni:

- **Dr. Subodh Mor** – Director, SMOR's Health Care; President, Sports Rehabilitation Association of India; physiotherapist to elite Indian athletes.
- **Dr. Ishaan Marwaha** – Physiotherapist to Olympic gold medalist Neeraj Chopra.
- **Dr. Permit Singh** – Physiotherapist, American National Cricket Team.
- **Dr. Akashdeep Singh** – Leads a major health facility at CBI Health Group, Alberta, Canada.
- **Dr. Kanu Priya** – Canada-based, collaborates with elite athletes and Bollywood stars including Aamir Khan and Hrithik Roshan.
- **Dr. Prahlad Priyadarshi** – Sports Authority of India; high-performance analyst and BCCI Level 1 Physiotherapist.

A recent highlight includes the appointment of **Mr. Sudhanshu**, SBSU alumnus, as physiotherapist for India's U-19 Cricket Team at the BCCI Centre of Excellence.

Dr. Gaurav Deep Singh, President, SBSU:

"Our alumni reflect the quality education, values, and dedication SBSU stands for. We take immense pride in their global recognition."

These achievements underscore SBSU's strong academic environment and its commitment to excellence in health sciences education.



Dr. Kanu Priya



Dr. Prahlad Priyadarshi



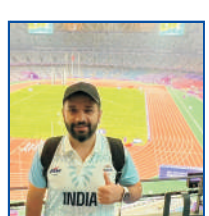
Dr. Permit Singh



Dr. Subodh Mor



Dr. Akashdeep Singh



Dr. Ishaan Marwaha

Physiotherapy Services



Proudly Serving the Future of Sports!

The SBS University Physiotherapy Team is proudly contributing to the Udayiman Scheme 2025 – Uttarakhand, initiated by the Hon'ble Chief Minister Shri Pushkar Singh Dhami, by providing services under the Emerging Player Upgradation Sports Scholarship Scheme at Parade Ground from April 12th to 14th, 2025.

This initiative, organized by the Department of Sports, Government of Uttarakhand, aims to deliver top-notch physiotherapy care and support to help every young athlete perform at their peak.

Our mission: Delivering excellence in sports physiotherapy.

Every emerging player deserves the opportunity to shine—and we are honored to support their journey toward greatness.

Educational Visit

A fruitful academic visit to Hans Foundation Hospital, Haridwar, was organized on April 21, 2025.

Under the guidance of Mr. Ankit George (Head Nurse), students from the MPT, MLT, and Pharmacy programs gained valuable practical exposure in key hospital departments including Emergency, Audiometry, Pathology, Orthopedics, and more.

From understanding patient care protocols to observing interdisciplinary collaboration, this visit served as a meaningful step forward in their professional healthcare journey.



Guest Lecture

A Successful Session Concludes!

The guest lecture by Mr. Narender Ahooja "Vivek", B. Pharma, LL.B. (P.U.), LL.M., PGDRA — Former State Drugs Controller, FDA Haryana — focused on the topic:

"Application of Other Laws Not Barred."

We extend our heartfelt gratitude to our distinguished speaker and to all participants who contributed to the success of this insightful session.

This event was organized by the School of Pharmaceutical Sciences & Technology, SBS University, on April 23, 2025



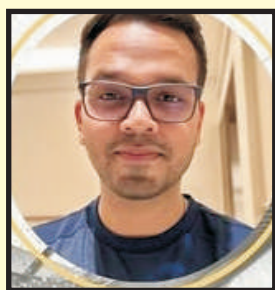
Guest Lecture

An Inspiring Session!

We extend our sincere thanks to Mr. Akhilesh Chandra, Senior Engagement Manager at Molekule Consulting, for delivering a motivating guest lecture on “From Classroom to Corporate: Your Roadmap to Success in Life Science.” The session provided valuable insights and practical guidance to our budding life science professionals.



ACHIEVEMENTS



Congratulations to Sudhanshu Rai

BPT (Batch 2013–17)
On his appointment as a
Physiotherapist for the India Under-19 team at the BCCI Centre of Excellence.
We are proud of your remarkable accomplishment!



Congratulations to Ms. Km. AYUSHI,

B.Sc. (Hons.) Agriculture (Batch 2018-22)
for completion of
MBA PGDM (Agri Business Management) at the National Academy of Agricultural Research Management.

Our heartiest congratulations and best wishes for her bright future.



Congratulations to Anuska Gaur B.Sc. PCM, 6th Semester **Qualified IIT-JAM Chemistry 2025 with AIR 581**

Wishing you continued success in your academic journey!

Publications

- **Yadav, B., Prasad, M. E., Upadhye, V. J., Kollur, S. P., Dwivedi, A., & Singh, P. (2025).**
Unravelling the potential of Diospyros species in the treatment of pancreatic adenocarcinoma using an in-silico approach.
Plant Science Today, 12, 6346.
- **Manisha, R., Nandan, H., Vijaylakshmi, & Karn, S. K. (2025).**
Bioinformatics Software on Taxonomic Profiling
In (Ed.) **Bacterial Metagenomics by Maulion P. Shah & Sumira Malik, DOI: 10.1515/9783110793635-008**
- **Dimri, V., Joshi, V., Joshi, S.P., & Karn, S. K. (2024).**
Medicinal Plants from a High Altitude Grazing Land in District Chamoli, Uttarakhand, India
African Journal Biomedical Research, 27(4), 14600-14605.
- **Dimri, V., Joshi, V., Joshi, S.P., & Karn, S. K. (2024).**
Floristic Diversity of Auli-Groson Bugyal, District Chamoli, Uttarakhand
Journal of Survey in Fisheries Sciences, 10(3), 1001-1010.

धार्मिक यात्राओं का आध्यात्मिक महत्व

भारत यानी आर्या वर्त को "विश्वास और देवों की भूमि" भी कहा जाता है भारत के धार्मिक स्थलों में कई – विभिन्न देवी- देवताओं आस्थाओं के मंदिर, मस्जिद, चर्च और गुरुद्वारा के अलावा भी तीर्थ स्थल हैं। परंपरा कहें या मान्यता, है कि हर व्यक्ति को तीर्थ यात्रा जरूर करनी चाहिए। तीर्थ यात्रा जैसे चार धाम की यात्रा, द्वादश ज्योतिर्लिंग की यात्रा, हरिद्वार, ऋषिकेश, मथुरा, काशी, पूरी, बाला जी जैसे धार्मिक स्थलों की यात्रा करने का विधान सभी प्राचीन मंदिरों का निर्माण वास्तु के अनुसार किया गया है मंदिरों की बनावट ऐसी होती है, जहां सकारात्मक ऊर्जा का प्रवाह हमेशा बना रहता है मंदिरों और तीर्थों को ऊर्जा का केंद्र माना जाता है भक्तों के नकारात्मक विचार नष्ट होते हैं और सोच सकारात्मक बनती है प्राचीन तीर्थ स्थलों पर जाने से पौराणिक और वैदिक ज्ञान बढ़ता है देवी-देवताओं से जुड़ी कथाएं और परंपराएं मालूम होती हैं। प्राचीन संस्कृति को जानने का मौका मिलता है मंदिर के आसपास रहने वाले लोगों से संपर्क होता है जिससे विभिन्न रीति-रिवाजों को जानने का अवसर मिलता है। प्रकृति, नगर और गांव कैसे हैं, ये तीर्थ यात्रा से जाने पर मिलता है ! विभिन्न संस्कृति और सभ्यता, रहन सहन का भी आदान प्रदान होता है ! जलवायु का सामना होता है जिसके चलते आपका स्वास्थ्य सेहतमंद बनता है तीर्थ यात्रा के दौरान व्यक्ति अपने राष्ट्र और अपने धर्म के साथ सामाजिक जीवन का नए आयाम को जानने का प्रयास करता है ! तीर्थ यात्रा करने से व्यक्ति में एक नई ऊर्जा का संचार होता है, बुद्धि का विकास होता है।

Sunidhi Bhardwaj
B.Pharm 3rd Year



Patrons: Shri S.P. Singh, Chairman, Gaurav Bharti Shiksha Sansthan; Prof. Gaurav Deep Singh, President; Mr. Zorawar Singh, Manager.
Publisher: Prof. (Dr.), J. Kumar, Vice-Chancellor
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E-mail: sbsppublication@gmail.com/pcws.sbsu2018@gmail.com (for Editorial Board)
SARDAR BHAGWAN SINGH UNIVERSITY, BALAWALA, DEHRADUN-248161, UTTARAKHAND
TEL: 0135-2686246, **E-mail:** university.sbs@gmail.com, **website:** www.sbsuniversity.edu.in